

TOP TEN WAYS TO TURN DOWN A DRINK:

One of these should work for you, whether you're shy, confident, or just looking to be really cool!

"Thanks, but no thanks!"

"I've had enough."

"Thanks, but I've got a ton of work to do later."

"I'd rather get my own, thanks."

"Not for me, I have to work tomorrow morning."

"I'm driving tonight."

"I have a game/practice tomorrow."

"I'm O.K. for now, maybe later."

"No thanks, I'm taking medication."

"I'm dieting...alcohol's got too many calories."

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