

MIXING

Always make and measure your own mixed drinks in order to control what type of alcohol -- and how much alcohol -- you are drinking. This way you are responsible for what's in your drink. Drinking games, slammers, punches or weird concoctions are not the way to go; you just can't control what you're going to get. There are some folks out there putting some pretty funky stuff in drinks these days, so watch out and know who mixed you what.

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